

WORKSHOP: GUIDE TO CHEMICAL CONTAMINANT-FREE GROCERY SHOPPING



Tuesday, May 18, 6:00 – 7:15 p.m.

Come learn which chemical contaminants may be lurking in the food you buy. Learn smarter ways to shop and easy tips to make the most of your money and time. Many chemicals added to food during processing and packaging have been detected in the environment and in human tissue. These chemicals aren't completely removed in the wastewater treatment process. Come to this workshop and take steps to protect your health, drinking water and the environment.

Age: 13 years and older. \$10 Material Fee payable directly to instructor.



Workshop will be held in the Beaver Brook room at the **Golden Community Center**.

To register: Visit <https://www.goldenrec.com/golden/> or call 303-384-8100. Course code number is **27055**.

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Presented by the Institute for Environmental Solutions



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